

# FGBL FUTURES STRATEGY GUIDE

## Market Vitals

Market Name: **10- Year German Bond Futures**

Exchange: **EUREX**

Ticker Symbol: **FGBL**

Roll Cycle: **Quarterly**

Tick Value: **€10.00**

Cash Session: **3:00AM EST – 11:00AM EST**

(Dependent on daylight savings time)

Extended Session: **2:00AM EST – 4:00PM EST**

(Dependent on daylight savings time)

Important Recurring Events: Geo-Politics, Global Economy, Inflation, Interest Rates

## Chart and Strategy Setup

1. Open a 480-Minute FGBL Chart with the customized Trading Hours Template loaded
2. Watch for 2 consecutive Green (Long) or Red (Short) Bars
3. Long – once you have 2 consecutive green bars, execute a long trade at market at the open of the next bar (bar 3)
4. Short – once you have 2 consecutive red bars, execute a short trade at market at the open of the next bar (bar 3)
5. Stop is at the most recent swing high for a short or the most recent swing low for a long
6. Target –  $2 * R$

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## FGBL Futures Setups



## Trade Details

- Always trade the front month of the German Bond Futures (FGBL)
- Trading Days: Monday – Friday
- Trade Time: Anytime
- Entry Order Type – Market
- Initial Stop: Most Recent Swing Low for a long or Swing High for a short – Stop Market
- Initial Target:  $2 * R$  – Stop Limit